



**McDOWELL INSTITUTE**

**TEACHER EXCELLENCE**  
in Positive Behavior Support

**Mental Health Awareness Endeavors  
at Bloomsburg University  
(2015-16 Academic Year)**

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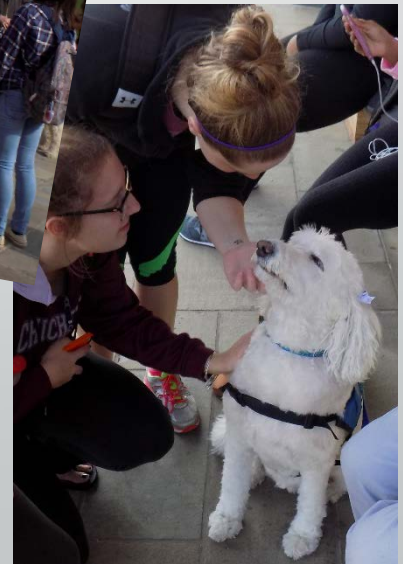
## **Mental Health Awareness: Two Areas of Focus**

- Increasing mental health awareness on the BU campus among students and faculty.
- Providing value-added experiences for College of Education majors (in particular aspiring teachers) to become more skilled in addressing non-academic barriers to learning through effective practice to promote healthy social and emotional growth and development in PK-12 students.

## **Focus Area 1: Increasing Mental Health Awareness**

- Mental Health Awareness Day aligned with World Mental Health Awareness Week (October 8, 2015):
  - Two prominent posters displayed on campus with 257 packets distributed throughout the day
  - Collaboration among various student organizations with local media coverage (Newspapers)
  - Stage set for expansion on October 13, 2016
- Piloted Y-MHFA training with the general campus community
- Challenging Misperceptions about Mental Illness panel presentation scheduled for March 30, 2016 on campus

# Mental Health Awareness Event



## Focus Area 2: Value Added Experiences for Future Teachers

- Panel presentation by Minding Your Mind for student teachers
  - Aligned with awareness events (October 9, 2015)
  - Contextualized for aspiring teachers
  - Inter-disciplinary collaboration
  - Stage set for continuation on October 14, 2016
- Piloted Y-MHFA training with COE majors
  - 4 training events provided/planned spring 2016
  - Scale-up planned in 2016-17 with all student teachers trained in Y-MHFA prior to starting their placements (fall cohort size is projected at 110 student teachers with spring cohort size projected at 180 student teachers)

# Minding Your Mind Panel





# GOOD LUCK!

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