



Community Collaborations for Emergency Room Discharge

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Emergency Room

- 67% of those who attempt receive medical care as a result. (Luoma, Martin & Pearson, 2002)
- Risk of attempt and death is highest within the first 30 days of discharge from an ED. Death by suicide in the time after discharge is more frequent than at any other time of treatment. (Valenstein, Kim & Ganoczy, 2009)
- As many as 70% never attend their first outpatient appointment.
- 75% of those that die by suicide are in contact with a PCP in the year before death; 45% within 1 month. (US DHHS, 2010))

Surgeon General's National Strategy for Suicide Prevention

- **Goal 8- Promote suicide prevention as a core component of health care services.**
 - US Air Force Suicide Prevention Program & UK study.
 - 24 hr crisis care
 - Assertive proactive outreach
 - Follow-up within 7 days of discharge
 - Training of clinical staff on suicide risk management

Partners

- Sierra NV VA Healthcare
- University of Nevada, Reno
- Washoe County School District
- County Senior Services
- West Hills Hospital
- Crisis Call Center, Reno
- Renown Hospital
- State Dept of Health and Human Services

Crisis Call Center and West Hills

- 1 weekend in July
 - 60 people
 - 30 assessed, 30 given resources
 - Of 30 assessed only 15 received a bed
- Follow up of all discharged from ED
- State Medicaid billing codes

Truckee Meadows Community College, Reno Nevada

- Counseling Center open M-F, 8am-5pm
- Community/commuter college
- No campus housing
- No medical center
- Large Veteran population (NV is one of the highest in the US)
- Large Hispanic population (HSE and ESL)
- Rural

What TMCC can offer?

- Counseling Center
- Financial Aid
- Advocacy
- Resources
- Wizard's Warehouse

Survey

- "The rate of suicide in my state is lower than the national average." 58.82%
- "If a person is serious about suicide, there is little that can be done to prevent it." 87.29% disagree
- "Individuals with BPD frequently discuss or gesture suicide but do not really intend to kill themselves; instead they intend to provoke or manipulate others." 35.29%

Survey

- "People have a right to suicide" 52.94% neutral
- "Few people want to kill themselves." 35.29% agree
- "I am comfortable asking direct and open questions about suicide." 100% agree
- "I always ask about suicide with new clients" 29.41% disagree

Survey

- "I am comfortable connecting my suicidal clients with the resources they need in the community (e.g., housing, transportation, vocational programs, volunteer opportunities, additional treatment providers, etc.) 50% neutral or disagree
- "I have received the training I need to engage and assist those with suicidal desire and or intent." 52.94% disagree

Findings from the survey

- Training
 - ASIST or SafeTALK
 - CAMS
- Community Resources
- Protocol

Our plan

- Train ED staff and mental health providers
 - AB 93: SPI training online
 - SafeTALK and ASIST
- Discharge planning
 - Ask for ROI
- Crisis Call Center follow up within 24 hrs
- Mobile Crisis- in person

Funding

- SAMHSA state grant
- Hospital
 - Reduce number of returnees to ED
- Volunteers
 - Emergency Response Team
 - Mental health clinics
 - Counseling agencies